

# Club and Bike Shop Rides

Shop/Club	Day/Time	Where	Who
Princeton Sports	Sunday 9:00 A.M.	Store Parking lot	Open to all
Race Pace Normandy Shopping Center	Mon.-Wed.-Thur. 5:00 - 7:00 P.M.	Store Parking lot	Moderate Pace Road ride
Race Pace Normandy Shopping Center	Saturday 9:30 - Noon	Store Parking lot	Fast 40-60 miles
Race Pace Columbia Snowden Center	Tuesdays 5:30 P.M.	Store Parking lot	2 Groups 17-18 mph 15-16 mph
Race Pace Normandy Shopping Center	Wednesdays 6:00 P.M.	Patapsco State Park Avalon Main Pavilion	Mountain Bike
Mid-Maryland Tri Club	Saturdays 8:00 A.M.	Hollifield Station Elem.	Open
HoCo Cyclist	Wednesdays 6:00 P.M.	Glenwood Rec. Center	A/B/C members
APL Cycling	Wednesdays 5:30 P.M.	Folly Quarter Middle School	A/B/C members/ guests
BBC (Glenelg Gang)	Tuesday & Thursday 5:45	Glenelg High School	Fast training ride open to all

## Call Bike shops to confirm rides.

**Princeton Sports** 410-995-1894

**Race Pace at Normandy Shopping Center** 410-461-7878

**Race Pace at Columbia Snowden Center** 410-290-6880

## Club Contacts

**APL:** Sarah Hamilton - [Sarah.Hamilton@jhuapl.edu](mailto:Sarah.Hamilton@jhuapl.edu) Web: <http://www.aplcycling.org>

**BBC/Glenelg Gang:** Terry Harrigan - [cctrekker@dtkm.com](mailto:cctrekker@dtkm.com)

Web: <http://groups.yahoo.com/group/GlenelgGang/>

**HoCo:** Kristina Adams - [keekadams@yahoo.com](mailto:keekadams@yahoo.com)

Web site: <http://sports.groups.yahoo.com/group/HoCoCyclists/>