

# ChesapeakeMan Ultra Distance Triathlon

## Aqua Velo

## SwimFest

### Where is the best place to park on race morning?

*Ultra Distance Race* – Park at the High School, drop off your run gear bag and then take the bus to the swim start.

*Aqua Velo* – Park at the High School and take the bus to the swim start.

*SwimFest* – Park near Great Marsh Park on the surrounding side streets.

### Where can I pick up my swim-bike gear?

The race will transport it to the High School and it will be laid out in numerical order in the high school gym.

### Are there jelly fish in the water?

There have been in years past. If you have a full wetsuit, you might be more comfortable. If you wear a sleeveless wetsuit, you may want to put something on your arms. Participants have mentioned the product Sea Safe as working well. Others have used Vaseline.

### How far is the bike transition from the exit of the water?

Not far. You will exit the water onto asphalt and run into the changing tent (also on asphalt). Once you leave the changing tent, you will remain on the asphalt in the transition area.

### Where is the best place for spectators?

They can watch from Great Marsh Park and then from the High School. They will see participants pass through on the first loop of the bike, the finish of the bike, and the loops of the run. There are bathrooms and shady spots available.

### Is there food/drink available for spectators?

No, the food/drink is for participants only, but there are convenience stores and restaurants very close to the high school and Great Marsh Park.

### How far is the swim-bike transition from the exit of the swim?

Very close. As you exit the water you will come onto a parking lot that contains a rack with your cycling gear bag. From there you will run about 50 yards into the changing tent and from the changing tent into the transition area.

### Will the roads be closed to traffic?

No, the roads are open to traffic, but it is very light along the majority of the course. There are also rumble strips in certain areas, so please use caution when passing another cyclist.

*This list is a work-in-progress. If you have any further questions, please contact [BeaMarie@tricololumbia.org](mailto:BeaMarie@tricololumbia.org)*