




CUE SHEET:
 DEPART T1 (CENTENNIAL PARK)
 RIGHT ON RT 108
 RIGHT ON HOMEWOOD RD
 RIGHT ON FOLLY QUATER RD
 LEFT ON CARROLL MILL RD
 LEFT ON MT ALBERT RD
 LEFT ON CANTOR LANE
 LEFT ON JUMPERS HILL LANE
 RIGHT ON FOLLY QUATER RD
 CONTINUE ON TRIDELPHIA RD
 TURN AROUND AT FOLLY QUATER MIDDLE SCHOOL PARKING LOT (AID STATION)
 TURN AROUND AT FOLLY QUATER MIDDLE SCHOOL PARKING LOT (AID STATION)
 STRAIGHT BACK TO RT 108
 TURN LEFT ONTO RT 108 (EAST)
 FOLLOW RT 108 BACK TO CENTENNIAL PARK
 TURN LEFT INTO THE PARK
 FOLLOW VOLUNTEERS INSTRUCTION TO BIKE DISMOUNT



BIKE COURSE - 17.5 MILES

COLUMBIA TRIATHLON ASSOCIATION
 ENRICH YOUR LIFE EXPERIENCE 17.1

-  HILL
-  AID STATION
-  MILE MARKER