

# Travel And Lodging

## Host Hotel

The [Sheraton Town Center Hotel](#) is the host hotel for the Athleta Iron Girl Columbia Triathlon. Offering a Special Iron Girl Triathlon rate for participants and conveniently located in downtown Columbia, this is the location for packet pick up, the Iron Girl Columbia Triathlon Health and Fitness Expo and is located just 2 miles from the race venue. In addition, the Sheraton serves as the official pick up and drop off location for the free race day shuttle bus that runs to and from Centennial Park, the race venue.

For reservations call (800) 325-3535 or (410) 730-3900 and mention your participation in the Athleta Iron Girl Triathlon

## Area Maps

[Columbia](#)

[Historic Ellicott City](#)

[Centennial Park Map](#)

## Bike Transportation

If you are traveling from out of town to race with us, you might want to consider utilizing [shipBikes.com](#). The advantages are simplicity, pre-negotiated discounted shipping costs, avoiding hidden costs due to oversized boxes or incorrectly measuring your bike box. Princeton Sports, the Official Bike Shop of the Iron Girl Columbia Triathlon can handle everything for you including accepting your shipment, basic assembly and brake and gear adjustment.

Visit [shipBikes.com](#), 1-877-323-4083 or [Princeton Sports](#), 410-994-1894 to arrange shipping.

## Things To Do

The Iron Girl Columbia Triathlon takes place in beautiful Howard County, conveniently located amidst rolling hills, between Washington, DC and Baltimore, MD and rated by Money Magazine 2010 as the second best place to live in the USA.

Explore recreation, restaurants, and lodging in the area with the below links:

[Howard County Tourism](#)

[Washington, DC Tourism](#)

[Baltimore, MD Tourism](#)

## Airport & Train

Columbia Maryland is easily accessed via [BWI Airport](#), and the [Amtrak BWI Station](#). [Car rentals and shuttle services](#) are available. The Airport Shuttle offers discount airport rides to and from your Columbia location; serving BWI, Regan National & Dulles Airports. Plus bikes ride free! Click [here](#) for details and to reserve.